**Nutritional Analysis**

***Lemon Broccoli Falafel Pasta***

Nutritional Analysis

Per Serving

Calories: 680

Protein: 27 g

Carbohydrates: 80 g

Total Fat: 27 g

(Saturated Fat: 4 g

Dietary Fiber: 15 g

Cholesterol: 5 mg

Sodium: 340 mg

% calories from fat: 37.3 %

Serving Size:

*One and 3/4 C. Pasta and sauce (14 oz.)with 1.5 T. Parmesan and Side Salad with 2 T. dressing.*