**Baked Salmon Dinner Salad**

**Produce**

1 sweet onion (if needed)

red or green leaf lettuce (if needed)

 2 oz. fresh basil leaves

red bell pepper (if needed)

green bell pepper (if needed)

cucumber (if needed)

1 carrot

cherry tomatoes (if needed)

1 apple

**Canned Dries Foods**

low-sodium vegetable broth (if needed)

good olive oil (if needed)

low sodium soy sauce (if needed)

balsamic vinegar (if needed)

Dijon mustard (if needed)

**Frozen Foods**

**Meat/Fish/Poultry**

6-8 oz. fresh salmon fillets

**Chilled Foods/Dairy**

**Additional Items**

whole grain bread (if needed)