**Sunday, Potato Gnocchi and Spinach Nest**

**Produce**

garlic (if needed)

yellow onion

1 head red or green leaf lettuce

1 cucumber

1 bag baby spinach leaves

2 -1/2 lbs. Russet potatoes

cherry tomatoes

**Canned/Dried Foods**

one 32 oz. box low-sodium vegetable broth

good olive oil (if needed)

balsamic vinegar(if needed)

unbleached flour (if needed)

cornstarch (if needed)

dry oregano leaves (if needed)

white wine to cook with (if needed)

**Frozen Foods**

None tonight

**Meat Fish/Poultry**

None tonight

**Chilled Foods/Dairy**

eggs (if needed)

plain, nonfat yogurt (if needed)  
  
Gorgonzola cheese (if needed)

shredded Parmesan cheese(if needed)