**Pasta with Halibut**

**Produce**

red onion (if needed)

red or green leaf lettuce *(if needed)*

cucumber *(if needed)*

green bell pepper *(if needed)*

red bell pepper *(if needed)*

celery *(if needed)*

5 sliced crimini mushrooms

cherry tomatoes *(if needed)*

**Canned/Dried Foods**

dry brown rice spiral pasta

capers (if needed)

**Frozen Foods**

**Meat/Fish/Poultry**

1 cooked halibut filet*(Leftovers in fridge at home)*

**Chilled Foods/Dairy**

shredded Parmesan cheese *(if needed)*

one and one half cup Red Sauce*(Leftovers in fridge at home)*